

The Coach's Challenge

At the Westlane Roundup

Here's your chance to show your runner what you're made of. The FCVXC Coaches are challenging all parents, siblings, and anyone else that dares to run in the Open Race at the Westlane Invitational. The race is 3000 meters, or about 1.9 miles. It's the same course that the kids run. It will start at about 11:00am.

You don't have to beat us (although I know some of you probably can), you just have to participate. Come and experience what your kids are working for every day...the thrill of the race. It will be fun and there will be prizes for everyone who finishes.

Please let us know ahead of time if you plan to participate so we can get prizes. If not, that's ok, too. Just show up and run. I know that many of you are runners and run with your children. Come join the fun and let your runner cheer you on for a change.

See you at the starting line!